

Swanson's **SUPERVALU**®

Proud to be your local grocer since 1905



Star Ranch Choice Angus Boneless Beef Chuck Roast

\$6.49
LB



Chairmans Reserve Pork Tenderloin

\$2.99
LB

North West Grown Asparagus

\$3.99
LB



Pink Lady Apples or Navel Oranges

99¢
LB



We Deliver!

Call store for details:
Hoquiam.....360-532-6120
South Side.....360-533-3761
Delivery fee applies.

**Ad Prices Effective
5/6/2026 - 5/12/2026**



MOTHER'S DAY SALE



Please check out our large selection of flowers, candy, and cards for Mother's Day.

Simply Orange Juice

46oz

2/\$4



OUR EVERYDAY PRICES

Our Everyday Prices

Pick Any 5 Packages



\$24⁹⁹

Western Farms Bread

20oz

White or Wheat
Free with 100 points



\$1⁸⁹

Darigold Gallons

Free with 300 points



\$3⁹⁹

Cherry Lane C.F. Large Eggs

12ct

Free with 300 Points



\$2¹⁹

Fresh Express Bacon Caesar, Caesar Supreme



\$3⁹⁹

Bananas



69¢ lb

Must be 55+

SENIOR DISCOUNT TUESDAY

10% OFF

YOUR GROCERY PURCHASES*

*Excluding tobacco, alcohol, money orders, lottery, holiday meals or any in-store coupon. Quantity Discounts or Buy One Get One Offers

Sunday SHOPPER COUPON

10% OFF

W/PURCHASE OF
\$20 OR MORE*

Valid Sunday, May 10, 2026 Only
PLU Code 1147

*excluding tobacco, alcohol, lottery, holiday meals or any in-store coupons



The UPS Store



Our mailbox is full of savings.
YOUR KEY UNLOCKS A LOT MORE THAN YOU THINK.

With a mailbox from The UPS Store[®], you get great benefits, like a real street address that makes your business look more professional. And now, new and current mailbox holders are eligible for our Key Savings Card[™]. Just show the card and you'll get 15% off services like printing, copying, packing and more. Plus, you'll save 5% anytime you ship. So come by, sign up and start saving!

Inside Swanson's

217 N BOONE ST
ABERDEEN WA 98520
360-743-5043
store7700@theupsstore.com
theupsstore.com/7700

Hours:

Mon-Fri 08:00 AM - 06:00 PM
Sat 09:00 AM - 04:00 PM
Sun 09:00 AM - 03:00 PM

SHOPPING WITH
SWANSONS

JUST GOT EASIER

@SWANSONSFOODS.COM
GOTO SHOP ONLINE USE
DOOR DASH OR INSTACART
SELECT THE STORE
NEAR YOU.



APP CARD Buy Earn Redeem, As a member you will received points on all purchases. You may redeem these points for free items as you accrue them. You will also be eligible for APP CARD Member Only Discounts. Ask any clerk for help to

JOIN & SAVE Mother's Butter Free with 300 Earned Points

Essential Everyday Mac N Cheese
7.25oz



FREE with 50 points

Essential Everyday Cat Food
5.5oz



FREE with 50 points

Essential Everyday Asst Vegetables
14.5-15oz



FREE with 100 points

Fresh Express Salads
12oz



FREE with 100 points

Nalley Chili
14.5oz



FREE with 100 points

Essential Everyday Potato Chips
9oz



FREE with 200 points

Mothers Butter
16oz



FREE with 300 points

Culinary Pizzas
12.01-33.5oz



FREE with 400 points

SAVINGS ONLY A CLICK AWAY
APPCARD MEMBER SAVINGS
DIGITAL ONLY

\$200



SAVE \$1.96

Simply Hash Browns or Cut Potatoes
20oz

APP CARD Member Digital Only • Limit 1 One Time • 5/6--5/12/2026

\$200



SAVE \$2.16

Swansons Chunk White Chicken
4.5oz

APP CARD Member Digital Only • Limit 1 One Time • 5/6--5/12/2026

\$200



SAVE \$1.41

Essential Everyday Ketchup or Mustard
20-40oz

APP CARD Member Digital Only • Limit 1 One Time • 5/6--5/12/2026

\$250



SAVE \$2.24

Nabisco Chips Ahoy Cookies
9.5-13oz

APP CARD Member Digital Only • Limit 1 One Time • 5/6--5/12/2026

\$8.99



SAVE \$2.00

Gold'N Plump Rotisserie Chicken

APP CARD Member Digital Only • Limit 1 One Time • 5/6--5/12/2026

Grocery Sale Items

Duncan Hines Cake Brownies, Cake Mixes & Frostings
15.2-18.3oz



3/\$5

Jiff Peanut Butter Creamy and Crunchy or Smucker's Strawberry Jam
28-32oz



\$4.49

American Beauty Pasta
24oz



2/\$4

Keebler Cracker Packs
10.4-11oz



\$3.49

Knorr Rice or Pasta Sides
4.5-7oz



2/\$3

Essential Everyday Salad Dressing
16oz



2/\$4

FRI
FRIDAY ONLY SALE!
May 8, 2026

4/\$5

Blue Bonnet Margarine Quarters
16oz



\$3.99


Stone Ridge Creamery Ice Cream Sandwiches & Sundae Cones
8-12cnt



\$4.99

MEAT DEPARTMENT SPECIALS

Trans Ocean Imitation Crab
8oz



\$2.99

Foster Farms Chicken Wings
16-22oz
Selected Varieties



\$8.99

Folgers Coffee
22.6-25.9oz



\$9.99

Chop House Burgers
32oz
Selected Varieties



\$12.49

Essential Everyday Tub Lunch Meats
7-9oz
Selected Varieties



\$4.49

\$7.99 lb

Stuffed Chicken Breast



Swanson's Foods Aberdeen 217 So. Boone & Hoquiam 915 Simpson
 Valid 5/6/2026-5/12/2026. Excludes Beer, Wine, Liquor or Tobacco.
 Not Transferable or Combined with other coupons or Senior Day Discount. PLU 1125

Swanson's Foods Aberdeen 217 So. Boone & Hoquiam 915 Simpson
 Essential Everyday
 24pk Water Free
 With \$45 Purchase
 Valid 5/6/2026-5/12/2026. Excludes Beer, Wine, Liquor or Tobacco.
 Not Transferable or Combined with other coupons or Senior Day Discount. PLU 1013

Swanson's SUPERVALU
 Monday to Friday 7:30am - 10:30pm
 Saturday and Sunday 8am - 10:30pm
 Hoquiam 360-532-6120
 South Side 360-533-3761
 We reserve the right to limit quantities • We accept debit cards, Visa, Mastercard, Discover, American Express & Quest cards • ATM available • www.swansonsfoods.com
 Email ideas, requests, & suggestions to swansons@swansonsfoods.com

BEVERAGE BUYS

3/\$12



Pepsi
 6pk 16.9oz and
 8pk 12oz Bottles

\$3.99



Coke
 6pk 16.9oz bottles

5/\$5



Powerade
 28oz
 assorted varieties

\$11.99



**White Claw Seltzer
 and Mike's Hard
 Lemonade**
 12oz bottles and 6pk cans

\$13.99



**Coors Light
 and Coors
 Banquet**
 12pk cans

2/\$5



**Lays Potato
 Chips and
 Kettle Chips**
 5-9.6oz

WINE

\$8.99



**Mamamango,
 Peach,
 Pomegranate**
 750ml

\$17.99



Black Box
 3ltr
 assorted wines

\$14.99



Peter Vella
 5ltr
 assorted Wines

SPIRITS

\$11.99



**Smirnoff
 Vodka**
 750ml

\$15.99



**Malibu
 Rum**
 750ml

\$34.99



**Grey Goose
 Vodka**
 750ml

DAIRY DELIGHTS

**Essential Everyday
 Butter**
 1lb



\$3.49

**International Delight
 Coffee Creamer**
 32oz



\$3.49

Silk Almond Milk
 64oz



\$4.49

Chobani Greek Yogurt
 5.3oz



10/\$10

FROZEN FOODS

**Ben & Jerry's
 Ice Cream and
 Ice Cream Bars**
 15.2-16oz



\$5.49

**Lean Cuisine
 Signature & Classic**
 6-11.5oz



2/\$5

Hot Pockets
 17-18oz



\$4.99

**Essential Everyday
 Fries, Tots, and Hashbrowns**
 19-32oz



\$2.99

BREAD BUYS

Franz Premium
 Big White, Cracked Wheat, Honey Wheat
 Whole Grain White
 22.5-24oz



\$2.99

Franz Lake
 Washington Honey Oat & Nut, Buttermilk,
 100% Whole Wheat, Mckenzie Farms
 24oz



\$2.99

Franz
 Extra Crisp English, Original, Raisin, Wheat,
 Sourdough Muffins
 13-14oz



\$2.00

Franz
 Iced Cinnamon, Breakfast, Apple, Berry Danish
 4oz



\$1.00

DELI/BAKERY

**Deli Fresh Kretschmar
 Oven Roasted Turkey
 Breast**



\$9.99
 lb

Resers
 Potato, Coleslaw, Macaroni Salads
 16oz



\$2.99

Two Bite Brownies
 10.5oz



\$4.99

Clydes Donut Holes
 12oz



\$2.99

FRESH PRODUCE

**Green or Red Leaf
 Lettuce**



\$1.99
 Each

Red or Yellow Potatoes



89¢
 lb

**Assorted Lighthouse
 Dressings**
 20oz



\$6.99

Jumbo Avocado



\$1.99
 Each

ORGANIC / NATURAL / GLUTEN FREE

**Organic Girl Salads
 Assorted**
 5oz



\$3.99

**Organic Baby Peeled
 Carrots**
 1lb



\$2.49

FLORAL

**#1 Mom
 Bouquet**



\$13.99
 each

Orchid



\$12.99
 2inch